

OEC Accessibility Accommodations Winter

Highlands Nordic has a few options on site for special transportation needs. Permission must be obtained from parent/guardian and school principal for use during field trips.

There are 3 options which may be suited depending on the needs of the student. All three of these options are best suited for the winter, as they slide best on snow.



The kick sled is a small sled consisting of a chair mounted on a pair of flexible metal runners which extend backward to about twice the chair's length. The sled is propelled by kicking the ground by foot. There is a handlebar attached to the top of the chair back.



A pulk is a Nordic short, low-slung small toboggan used for transporting babies. It is pulled by a skier when on ski trails or someone using snowshoes when on the snowshoe trail. The sled can be used to transport a toddler sized student.



A sit-ski consists of a molded seat mounted on a metal frame. Skis are attached at the bottom of the metal runners of the frame. It is used by skiers with lower limb disabilities including paralysis and wheel chair users.



The sit-ski is used by competent skiers or those who are willing to try to propel themselves. There is a rope which can be attached to the back of the sit-ski which can go around the waist of a skier behind the sit-ski. This rope is used when going down hills, or for additional support with speed control.