

Highlands Junior Leadership and Backpacking Camp

The JLBC Program



Campers involved in the JLBC program will participate in fun, age appropriate, hands on adventures setting a solid base for future leadership and backpacking skills. Skills will include introductions to Orienteering, Environmental Stewardship, Backpacking Overnight, First Aid, Campfire, Leadership, and Team Work.

Campers will be introduced to basic hands on first aid skills with qualified wilderness first aiders. It is not a certification in first aid but a fun introduction geared towards the Junior Leaders.

The JLBC Backpacking Overnight Adventure

The JLBC Backpacking Overnight occurs over the Thursday and Friday of camp. We start hiking at around 11:00am Thursday morning and return to camp at approximately 11:30am Friday.

The JLBC program is a challenge by choice experience. Some campers, for various reasons do not feel comfortable going on the Thursday Overnight. These campers are still able to complete their Backpacking Overnight Skills by hiking to the overnight site with the group, helping to set up the campsite, and participating in any other daytime activities we do during our backpacking adventure.

Campers not staying the night will hike back to the lodge Thursday afternoon with one of our JLBC staff and will arrive at the Highlands Lodge in time for regular pick up. Friday morning, the JLBC campers not staying the night may arrive at camp at regular drop off and help the Highlands Day Camp Staff until 11:30am when the JLBC group will be returning to the Highlands Nordic lodge. Please let us know by 4:30pm Wednesday if your child will not be staying for the Thursday Overnight.

At least one cell phone and one radio will be taken on the overnight by staff for safety and for contact with the Highlands Nordic lodge and staff. Please do not send cell phones, ipods, or other valuable items with your child on the backpacking trip as we cannot ensure the state they will return to camp in, as well as the fact that they take away from the backpacking experience.



What to Bring on the Overnight Backpacking Adventure:

Special Notes

Please try to wear/bring non cotton clothing as it absorbs moisture. Whether it be rain or sweat your clothes will be wet at some point. Polyester and other synthetic materials will wick moisture away and dry quickly making you more comfortable, and more importantly keep you warm at night.

Items such as toothpaste, bug spray, and sunscreen will be shared among the group and provided by the Highlands Junior Leadership and Backpacking Camp.

Please ensure that any regular medication your child needs to take is given to the JLBC staff with instructions. Please ensure any emergency medication your child needs to have with them (such as an inhaler) is on your child and that camp staff is aware of the medication and its proper use.

Personal Essential Items

Sturdy Pair of Running shoes or hikers (do not wear brand new shoes they will cause blisters)

2 pairs of Socks

Pair of Pants and One pair of shorts OR pants that zip off into shorts

2 t-shirts

Long sleeve shirt

Sweater

Hat

Rain Jacket and Rain pants or splash pants

Water Bottle

Toothbrush

Sleeping Bag

Sleeping Pad (optional)

Bowl, spoon, fork

Back Pack

2 Garbage bags for waterproofing

Whistle

Small Flashlight



The above list will be discussed further during camp. Please feel free to call us with any questions you may have (705) 444 5017 or 1 800 163 5017.

Please note that on all other days of camp the Highlands Day Camp list of items can be followed. For the Highlands Day Camp list of items please click on the Day Camp Info Kit button in the left-hand column.



Feel free to call us with any questions you may have 1 800-263-5017 or local 444-5017.

Camps are offered:

July 12-16, July 26-30, and August 16-20