

The Highlands Trailblazers Present

Try Winter On!

Para-Nordic Workshop

Sit Skiing, Guided Skiing, and More

Sunday February 21, 2010

Highlands Nordic Inc.

11km South of Collingwood

Itinerary

10:00am – Para-Nordic Info Session

10:30am – Try It On!

12:00pm – Lunch Provided by
Breaking Down Barriers

12:30pm – Free Time to Try More
Para-Nordic Skiing!

Workshop Cost: FREE

Includes rentals, trail pass and lunch

Friends and Family Rates

\$10 rentals and \$10 trail passes!

**Pre-Register by February 19th,
2010**

Jenny Marlatt

Highlands Nordic Inc.

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1 705 444 5017

Transportation Needs Contact

Patty Fedderer

Breaking Down Barriers

1 705 445 1543 ext. 301



Images from "No Accidental Champions" www.ltad.ca



Highlands Nordic
CROSS COUNTRY SKIING



AWA
READY WILLING ABLE



PARASPORT
ONTARIO



Breaking Down Barriers
Independent Living Resource Centre
Promoting a new perspective on disability